

Glasgow Equine Practice Newsletter New Year 2023

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Welcome to the Glasgow Equine Practice newsletter. On behalf of the whole team, we'd like to wish our clients a very happy new year. Like us we are sure you are all looking forward to the longer days and better weather so that you can get out and enjoy your horses.

The Glasgow Equine Practice, based at the Glasgow Equine Hospital, in the Weipers Centre at the University of Glasgow provides a local, personal veterinary service to horses, ponies, donkeys, and the occasional mule around the greater Glasgow area. Our growing team of experienced, 100% equine vets are equipped to provide a fully mobile equine veterinary service. In collaboration with the Glasgow Equine Referral Hospital, we have access to specialist advice, state of the art facilities and can provide a smooth transition to referral treatment should that become necessary.

We value a strong and trusting relationship with our clients and aim to provide a personal relationship so that you and your horses and ponies have access to equine vets that you can get to know and recognise.

We are delighted to be entering a period of growth and development in the practice and will be adding a number of new services this year, keep a close eye on our website and social media for forthcoming announcements.

Introducing Alice Campbell

New year – New Vet. At the start of January, we were delighted to welcome Dr Alice Campbell to the Glasgow Equine Practice team. Alice is a graduate of Glasgow Vet School and has gained extensive experience in equine practice since her time here at University, most recently as a member of the well-known Clyde Veterinary Group. She is also an Official Veterinarian (OV), which means that she is able to complete export paperwork. Alice grew up in Aberdeen and started riding when she was 10, she continued to ride throughout her years at school and then took her horses down to Hartpury. She evented to novice level and was on the development academy with her horse Crafty. With life becoming a little busier Alice has acquired a 3-year-old highland pony that is a little lower maintenance than the eventers! Alice is hoping to do a bit of everything with him-her dream is to get to Blair Castle horse trials!



For the last 3 years Alice has been training for a long-distance triathlon which she completed in September- she's hoping to continue doing some shorter ones in the future. Alice also has a bit of a menagerie of animals (much to her fiancé's dismay!) Currently she has 6 chickens, 3 rescue guinea pigs, 3 dogs and a pony!



Glasgow Practice Launches specialist led reproduction Service

We are excited to be able to offer a full equine reproductive service for the 2023 breeding season. Practice regular, Dr Kirsty Gallacher, Specialist in Equine Reproduction will lead the service which will include: breeding soundness exams for problem breeding mares; endometrial cyst ablation using a laser; artificial insemination using chilled and frozen semen; embryo transfer and reproductive tract surgeries.

Kirsty is available for advice and guidance on all reproductive matters and can be contacted via the Glasgow Equine Practice reception. Kirsty will be known to many of our regular clients; however, did you know that in addition to being one of our regular practice vets, Kirsty is Scotland's only equine reproduction specialist!

If you are thinking of breeding your mare this season – Don't delay, contact Kirsty now for help and advice. Kirsty can be contacted through our main reception. 01413305999 or vet-equine@glasgow.ac.uk

Kirsty Gallacher BVMS MRCVS MANZCVS Dip ACT

Kirsty graduated from the University of Glasgow in 2006 and then ventured to Australia to undertake an internship at Goulburn Valley Equine Hospital. Kirsty later completed a Theriogenology (a fancy name for reproduction!) residency at Cornell University in the USA, with a focus on equine reproduction and became a Diplomate (specialist) of the American College of Theriogenologists. Kirsty has worked multiple stud seasons in the USA, Australia and the UK. Kirsty's last role was working at the University of Adelaide, Equine Health and Performance Centre, as Lecturer and clinician in equine reproduction. Kirsty is also undertaking a PhD on the topic of equine uterine health and advanced imaging modalities. In her spare time, Kirsty is kept busy with two young daughters, a springer spaniel called Henley and a Palomino gelding named Parker.



Acupuncture

Acupuncture has been used to treat various medical conditions in humans and animals for more than 3,000 years. Horses were among the first animals treated with acupuncture due to their importance in warfare and farming. Today, equine acupuncture is commonly incorporated in the treatment of a number of conditions, especially musculoskeletal disorders and back pain. We are fortunate here at The Glasgow Equine Practice to have our own acupuncturist in Nick Graham. If you think your horse could benefit from this service, Nick can be contacted through our main reception 01413305999 or vet-equine@glasgow.ac.uk Don't hesitate to contact us if you would like more information on this service.

Nick Graham MA VetMB CertAVP (Equine Med) MRCVS

Nick has been with the Practice since the beginning. Nick graduated from University of Cambridge in 2003 and after a short period working in mixed practice specialised in equine work. Nick has an RCVS certificate in Advanced Veterinary Practice (Equine Medicine) and is an RCVS recognised Advanced Veterinary Practitioner in Equine Medicine. His professional interests include general practice, particularly medicine. He is kept busy during his time off with two small children and is an avid hill walker.



Client Evening – Come and see us!

The practice team are pleased to invite clients and friends to our very first in person client evening at the Glasgow Equine Hospital on **Monday 6th February at 7pm**. This will be an interactive evening on first aid and equine reproduction and there will be practical sessions and prizes. Light refreshments will be served and there will be an opportunity to tour the Equine Hospital facilities. We are hoping to run these evenings regularly and have some exciting ideas for things to share with you. If there are things you would like to see covered, please do get in touch and we will do our best to accommodate them. Places are limited, so sign up soon to avoid disappointment. 01413305999 or vet-equine@glasgow.ac.uk

Health care plans - Cutting the cost of veterinary care

Equine Health Care Plans makes it easier for you to protect your horse against preventable diseases and discomfort by making sure your horse is in good general health and vaccinations and parasite control are up to date, whilst saving you money along the way. Here at the Glasgow Equine Practice, we offer great value for money health care plans which can help you to spread the cost of treatment. We offer two plans for you to choose from.

What's Included?

Both plans Include

- Annual vaccine
- Biannual health check
- Four faecal worm egg counts
- Autumn saliva tapeworm test
- One dental check and rasp (Including sedation)

And much more, check out our website www.glasgowequine.co.uk for more Information and to sign up.

Focus on Parasities

We all know how important it is to keep on top of our horses' worming schedule as part of preventative healthcare. Worms and other parasites can cause serious health issues in horses, however, resistance to anthelmintics (wormers) is a growing problem. To try and minimise the effects of this we would recommend faecal worm counts and saliva tests for tape worm. The worm count kits that are included in our health care plan come in a handy season pack of four faecal kits and a saliva kit for testing for tapeworm. Below is a guide of when we recommend testing. The results come through to us and if your horse does require worming, one of our experienced vets will advise you on the best course of action.



e.g. 1st March (all dates approximate)	Faecal count	If high treat with pyrantel or ivermectin alternate years
c14 days later	Optional worm egg count reduction test	Follow up sample for horses with high initial eggs counts
c1st May	Faecal count	If high treat with pyrantel or ivermectin as above
c1st July	Faecal count	If high treat with pyrantel or ivermectin as above
c1st September	Faecal count	If high treat with pyrantel or ivermectin as above
c15th November	Tapeworm Test	(optional, if not done must use Pramox version of Equest in December)
c1st December	Encysted Redworm	Equest (tapeworm -ve) or Equest Pramox (tape +ve or unknown) treatment

Top tips to minimise worm burdens.

- Minimise stocking density (minimum 1.5 acres/horse)
- Maintain consistent horse populations
- Use worm egg counts to identify problem animals and groups- reduce stocking density in problem groups
- Young and old are most at risk of high worm burdens and these animals should be closely monitored
- Removal of faeces at least twice weekly particularly when temperatures >10°C and ground moist (harrowing is now thought to be counterproductive)
- Separate muck heaps from grazing areas- parasites can migrate several meters. Keep distant from grazing or fence off
- Pasture rotation is best done in hot dry weather as this will kill some parasites (Strongyles) in a few weeks that can survive 6-9months on pasture in other conditions. Tapeworm 'eggs' overwinter in mites so survive all but the longest prolonged cold periods.
- Mixed grazing with cows and sheep will reduce numbers of most parasites although there are other considerations (the cows and sheep need to be liver-fluke free)
- Rough pasture is best avoided as it suits parasites. Faeces deposited at edges of field are also a good reservoir of parasites
- Use weigh tapes or other methods for weight assessment
- Avoid "spit out" of wormer to prevent underdosing- consider tablet wormers for difficult horses, treats or behavioural training. Spilled products can be dangerous to children, dogs and cats

More information can be found on our handy factsheet on our website www.glasgowequine.co.uk

Pricing

In these difficult times, the rising costs of almost everything has not bypassed us here at the Glasgow Equine Practice. Price rises have particularly affected consumables and veterinary drugs. As a result, we will be raising some of our prices from February 1st, 2023. However, the good news is that we are introducing a discount scheme for those prepaying and for paying at the time of treatment. This will be 10% for those who prepay and 5% for those paying at the time of treatment or within 24 hours of the receipt of invoice. You can pay over the phone by card, by BACS transfer, or by you can pay our vets directly by card payment on your yard. In line with University Policy, we respectfully ask new clients for a deposit of £100 prior to their first appointment.

Zonal visits

We are making a change to our zone days and from the start of February the Thursday zonal day will move to Wednesday. This means that areas to the east side of the practice, (Torrance, Kilsyth etc) will be a Wednesday zonal day. Please contact us if this is an issue for you.



Meet the rest of the team

Lenka Veselovska Receptionist

Regular clients will be familiar with long time reception team member, Lenka who has worked with us in reception since 2007. Lenka knows the answer to almost everything! In her spare time, she enjoys walks, reading, baking and visiting friends and family.



Lyndsay Hutchinson Receptionist

Lyndsay has been with us since 2018 and arranges our health care plan, alongside her other responsibilities. Outside of work she enjoys spending time with her dogs, friends and family. She is also a very keen baker.



Lesley Burns Receptionist

Lesley joined the team in 2022 and even though she has not been with us as long as Lenka and Lyndsay, is proving to be a very valuable asset to the Hospital and Practice. Lesley has extensive experience in the equestrian world and is kept very busy outside of work with her family's eventers. She also finds time to bake goodies too.



Katie Currie Practice Manager

Katie started in the hospital back in 2006, after a little time away with her children she has been back since 2018 and with the Practice since 2021. Outwith work she is kept busy with her two children, two Welsh cobs and a Labrador.



Quiz time!

To celebrate our first practice Newsletter, we're doing a giveaway. The first 3 people that email their correct answers to vet-equine@glasgow.ac.uk with the subject 'Quiz' will win a prize.

1. Out of hunger or boredom a horse can sometimes develop lignophagia; what is this?
2. What are horses' hoofwalls made up of?
3. How many teeth does an adult male horse have?
 - a) 30
 - b) 40
 - c) 50

Feedback and suggestions

Here at the Glasgow Equine Practice, we aim to provide the best equine veterinary service in Scotland. We value feedback and comments or suggestions at any time by telephone or e mail.

Please do not hesitate to contact us if we can help in anyway

The Glasgow Equine Practice

A 24/7 365 day service – For the Best, For the Horse
Normal opening hours: Monday-Friday 8.30am-5.30pm

0141 330 5999

Vet-equine@glasgow.ac.uk

Out of hours number - 01223 849 747